

Building Our Legacy One Piece at a Time

April 29, 2022

#AFCRegion5

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Greetings and a warm welcome to the AFC 2022 Region V Spring Conference! Thank you for participating. I truly hope it will be a wonderful experience for you. Continue to be engaged in AFC and the mission to "actively promote, represent, and support members and institutions as they provide their students and the citizens of Florida with a world-class college system." Hold onto our values of professional growth and development, advocacy, leadership, community, innovation, and networking.

In alignment with AFC President Stephanie L. Campbell's statewide theme of Legacy is the Key to Reflection, Inclusion, and Reconnection, the exceptional Region V Chapter Presidents and I worked together to plan this conference with the theme Building Our Legacy. Along with our AFC mission and values, we were thinking about the important part each of our members, chapters, the various areas of our colleges and Association play as we build our individual and collective legacies. What do you want your legacy to be? What will OUR legacy be? Remember that as all the pieces come together, we are creating legacy daily. We have so much to share with each other and are pleased to offer this opportunity to reflect, reconnect, learn, and plan while exploring many relevant topics together during this conference.

Sincerely,
Joan Roberts
AFC Region V Director
Palm Beach State College

ESIDENT

















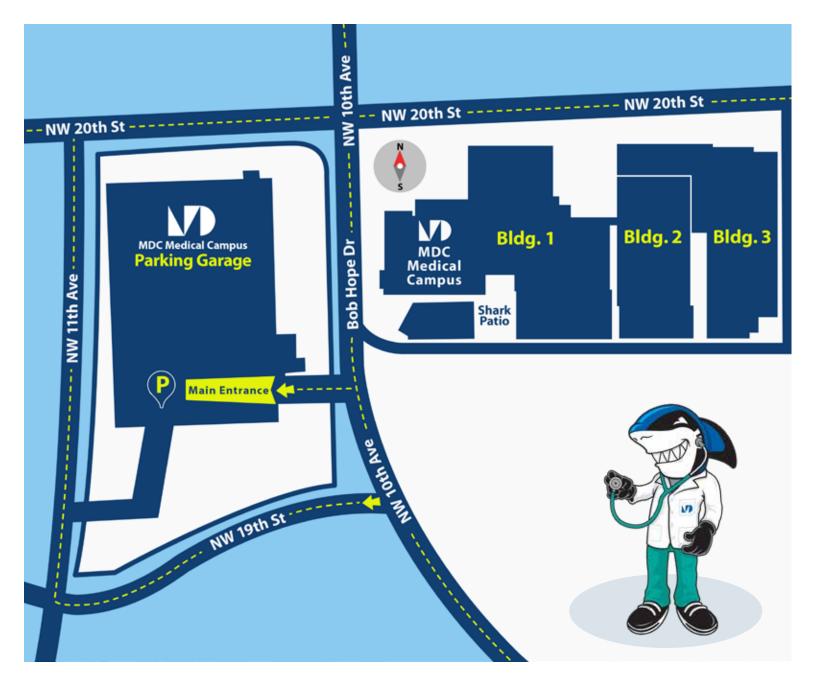






11:30 - 12 Noon Mindfulness Minutes Primrose Humphries, Instructor, Broward College; Licensed Mental Health Counselor, Certified Yoga Instructor, and Advanced Mind-Body Practitioner A few minutes of purposeful reflection and attention allows us to participate in our own stress reduction, healing, and health. The workshop will introduce participants to three mind-body exercises: breathing, stretching, and eating. Participants may share their ex perience after each exercise. Bring a piece of fruit (grape, raisin, slice of apple, wedge of an orange or a strawberry), chocolate, or a favorite snack. Lunch and Region V Business Meeting 12 Noon - 1:00 P.M. 1:00 - 1:30 P.M. Storytelling for Connection Bob Priolo, Facilities Director, Palm Beach State College Learning Resources Commission: Building a Legacy Around Sustainability 1:30 - 2:00 P.M.Kayla Kuni, MLIS, MBA, Associate Director of Libraries, Pasco-Hernando State College Many institutions have developed sustainability initiatives to reduce costs, preserve the environment, and engage their workforce. What has your institution done to promote sustainability? During this session we will discuss what sustainability is and how institutions of higher education have adapted models of sustainability into their work. 2:00 - 2:30 P.M.Faculty Commission: Engaging Students in the Learning Process with "Gaming" Activities Dr. Angel M. Rodriguez, Senior Science Professor, AFC Chapter President, Broward College By implementing game-based learning in the classroom, students have shown a significant increase in engagement and material retention. SoftChalk is an authoring tool to create interactive "gaming" activities. Faculty will create activities that will engage and assess students' learning. This hand-on presentation will showcase "gaming" activities used for different courses.

2:30 - 2:45 P.M. Break 2:45 - 3:15 P.M. Student Development Commission: Let's Talk about the Student Mental Health Crisis Dianne Valdivia, Student Development Commission Chair, Miami Dade College Going to college can be stressful, and the pandemic made it even more challenging. We will explore today's student mental health crisis and some of the resources that our colleges have secured to help our students remain connected and graduate. Workforce, Adult and Continuing Education (WACE) Commission: 3:15 - 3:45 P.M. What Can WACE Offer You? Eligio Marquez, WACE Immediate Past Chair; Industrial and Technical Programs Director, Palm Beach State College Dr. Dalila Rodriguez, WACE Region V Representative; Workforce Assessment Advisor and AFC Chapter President, Palm Beach State College WACE Commission is a resource for faculty, administrators, and support staff to stay abreast of workforce, adult, and continuing education issues and best practices. 3:45 - 4:00 P.M. **Closing Session** Service Project Collecting clothing, shoes, accessories, and personal hygiene items to donate to our college campuses and community organizations. Join us on Facebook: https://www.facebook.com/AFCRegion5/



Location and parking

Miami Dade College - Medical Campus, 950 NW 20 Street, Miami, Florida 33127-4693 Building 3, Room 3102

Parking garage will have directional signs to the conference room.



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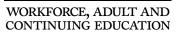




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